



100 HOURS OF POWER

Sponsored by: Irene W. and C.B. Pennington Foundation

SPEED TO READ 5K/10K

SATURDAY, JUNE 5, 2010

GALVEZ PLAZA | 9:00AM-11:00AM

About the Event: City Year Louisiana's 4th Annual Speed to Read 5K/10K will take place Saturday, June 5th from 9:00-11:00 a.m. in downtown Baton Rouge, starting at Galvez Plaza on the corner of North Blvd. and North Third Street. The event features both a 5K and 10K run; 10K runners repeat the 5K course. The race course runs through downtown Baton Rouge on North Third St., crosses through historic Spanish Town and Beauregard Town, and finishes back at Galvez Plaza. The Speed to Read 5K/10K aims to promote literacy and healthy lifestyles in the Baton Rouge community. All proceeds raised will be used to buy books for four local public school libraries (Glen Oaks Park Elementary, Progress Elementary, Magnolia Woods Elementary, and Broadmoor Middle School.)



Registration Opens: 7:30 a.m.

Race Start Time: 9:00 a.m.

Registration Cost:

\$10 for Pre-Registration* (guarantees T-Shirt)

\$15 for Day-of/Walk-up Registration (first 150 runners receive a T-shirt)

*To pre-register, please pay in cash or check (made payable to City Year, Inc.) and return to: City Year Louisiana; 111 North Third Street; Suite I; Baton Rouge, LA 70801

ENTRY FORM (PLEASE PRINT)

Mail or drop off entry with CASH or CHECK payable to **City Year, Inc.**
Mailing Address: 111 N. Third Street; Suite I; Baton Rouge, LA 70801

Event: **5K RUN/WALK (\$10 pre-registered, \$15 day-of)**
 10K RUN/WALK (\$10 pre-registered, \$15 day-of)

SHIRT SIZE: XS SM MD LG XL XXL

SEX: M F BIRTHDATE: ____ - ____ - ____ AGE: ____

FIRST NAME: _____

LAST NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

EMAIL: _____

RELEASE, WAIVER & ASSUMPTION OF RISK (MUST BE SIGNED)

I acknowledge that I voluntarily apply to run in the Speed to Read 5K/10K, and that there are risks inherent in the race which may result in serious injury and property loss or death. I ASSUME THE RISK of participating. In consideration of this entry acceptance in the Speed to Read 5K/10K, I hereby for myself, heirs, executors, and administrators WAIVE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES against City Year Louisiana, the City of Baton Rouge, or City Year Inc., and all participating sponsors and their officers and agents, and any individual or organization associated with the Speed to Read 5K/10K for any and all losses, injuries or death sustained by me in this Event. I consent to receive medical treatment should I sustain injury during the Event. Additionally, I permit the use of my name and pictures in broadcasts, telecasts, newspapers, brochures, etc. As a participating athlete, I certify all information provided by me in this form to be true and complete. I have read the entry information provided and certify my compliance with my signature below.

SIGNATURE: _____

PRINT NAME: _____

DATE: _____

If you believe in the difference City Year Louisiana corps members are making and are interested in supporting, please log on to www.cityyear.org and designate your donation to Louisiana.. All donations to City Year Louisiana are tax deductible to the extent provided by law.

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